**PHILIPPIANS BSB METHOD STARTER KIT**

**We’ve created this document to ease you into the BSB Method.**

* **1:1-11 fully broken out with some initial observations and meditation/applications. Simply add your additional ones.**
* **1:12-20 fully broken out but with no observations or meditations/applications. Add yours.**
* **1:21-30 raw NASB text ready for you to breakout, observe, meditate on and apply.**

**Remember you can watch the training How To Video and view written instructions here:** <https://biblestudybreakout.com/method-walkthrough/>

**PHILIPPIANS**  **1:1**Paul *and*

Timothy, Paul treated Timothy like a son

bond-servants They don’t elevate themselves….servants

*of* Christ Jesus,  
To all the saints Calls them ALL saints.

*in* Christ Jesus Why/How…because of their position in Christ.

who are in Philippi,

including the overseers *and*

deacons:  why did he mention overseers & deacons by name?

**2**Grace to you *and*

peace

*from* God Grace/peace comes ***from*** God, not something we muster up.

our Father *and*

the Lord

Jesus Christ.  
 **3**I thank my God

*in* all my remembrance thankfulness requires remembrance/reflection- slow down journal this

*of* you,

**4***always* offering prayer

*with* joy

*in* my every prayer

*for* you all,

**5***in* view

*of* your participation

*in* the gospel

*from* the first day

until now.

**6***For* I am confident

*of* this very thing,

*that* He who began a good work

*in* you

will perfect it

*until* the day

*of* Christ Jesus.

**7***For* it is only right

*for* me to feel this way

about you all,

*because* I have you

*in* my heart, people must get in my heart not just on my mind.

since *both*

*in* my imprisonment *and*

*in* the defense *and*

confirmation

*of* the gospel,

you all are partakers

*of* grace

*with* me.

**8***For* God is my witness,

how I long

*for* you all

*with* the affection

*of* Christ Jesus.

**9***And* this I pray,

that your love may abound

still more *and* more

*in* real knowledge a*nd*

all discernment,

**10***so that* you may approve

the things

that are excellent,

*in order* to be sincere *and* with the final result of…..

blameless

until the day

of Christ;

**11**having been filled verb tense means?

*with* the fruit

*of* righteousness

*which*come*s*

through Jesus Christ,

to the glory *and*

praise

*of* God.

 Meditations and Applications

* I need to slow down and reflect more and remember all that I have to be thankful for.
* Don’t seek **peace** from circumstances just like I don’t seek grace from them. Both come from God. This is going to require a changed mindset.
* God is prime agent of sanctification. My focus should be nearness to Him, not the doing of stuff or trying harder as primary. Nearness to Him brings with it the POWER to be sanctified by the working of the Holy Spirit.
* I need to better allow people to get into my heart where I have deeper affection for them. Todd Foster’s “Do people get on your heart or on your nerves?”
* Look more into love tied to discernment/knowledge. We tend to not tie these together with the word love, but in fact, often think of them as contrary to it. Ex. Love/grace means we dismiss any wrong. Here it seems that love brings up wrongs (just as Paul does in His letter) like we love our children and address wrongs. This won’t seem judgmental if people first know they are in our hearts (see above).
* ADD YOUR ADDITIONAL MEDITATIONS AND APPLICATIONS HERE

(Continue adding your observation notes to the right of the phrases)

**12**Now I want you to know,

brethren,

that my circumstances

have turned out

for the greater progress

of the gospel,

**13**so that my imprisonment

in *the cause of* Christ

has become well known

throughout the whole praetorian guard and

to everyone else,

**14**and that most

of the brethren,

trusting in the Lord

because of my imprisonment,

have far more courage

to speak the word

of God

without fear.

**15**Some,

to be sure,

are preaching Christ

even from envy and

strife,

but some also

from good will;

**16**the latter *do it*

out of love,

knowing that I am appointed

for the defense of the gospel;

**17**the former proclaim Christ

out of selfish ambition

rather than from pure motives,

thinking to cause me distress

in my imprisonment.

**18**What then?

Only that

in every way,

whether in pretense or

in truth,

Christ is proclaimed;

and in this I rejoice.  
     Yes, and I will rejoice,

**19**for I know

that this will turn out

for my deliverance

through your prayers and

the provision

of the Spirit

of Jesus Christ,

**20**according to my earnest expectation and

hope,

that I will not be

put to shame

in anything,

but *that*

with all boldness,

Christ will

even now,

as always,

be exalted

in my body,

whether by life or

by death.

 Meditations and Applications

* Add yours here

(Use the return and tab keys to breakout the phrases. Then mark the indicator words in italics. <https://biblestudybreakout.com/indicator-words/>

Type your observation notes to the right of the phrases.

Add your meditations and observations below. Feel free to use our questions to help you reflect. <https://biblestudybreakout.com/bsb-questions/> )

**21**For to me, to live is Christ and to die is gain. **22**But if I am to live on in the flesh, this will mean fruitful labor for me; and I do not know which to choose. **23**But I am hard-pressed from both directions, having the desire to depart and be with Christ, for that is very much better; **24**yet to remain on in the flesh is more necessary for your sake. **25**Convinced of this, I know that I will remain and continue with you all for your progress and joy in the faith, **26**so that your proud confidence in me may abound in Christ Jesus through my coming to you again.  
    **27**Only conduct yourselves in a manner worthy of the gospel of Christ, so that whether I come and see you or remain absent, I will hear of you that you are standing firm in one spirit, with one mind striving together for the faith of the gospel; **28**in no way alarmed by your opponents--which is a sign of destruction for them, but of salvation for you, and that too, from God. **29**For to you it has been granted for Christ’s sake, not only to believe in Him, but also to suffer for His sake, **30**experiencing the same conflict which you saw in me, and now hear to be in me.

Meditations and Applications

* Add yours here